



Samsel Upper Elementary School Cafe

September 2010

Read A New Book Month



Monday	Tuesday	Wednesday	Thursday	Friday
<p>September 12 – <i>Grandparents Day</i> September 18 – <i>Yom Kippur</i> September 23 – <i>First Day of Autumn</i> September 24 – <i>Early Dismissal</i></p>		1	2	3
		<p>Welcome Back Teachers!</p>		<p>Back To Sch🍎🍎!!</p>
6	7	8	9	10
<p>Labor Day</p>	<p>Chicken Nuggets oven Potatoes Dinner Roll Chilled Fruit Cup</p>	<p>Nacho Tacos with Shredded Cheese & Lettuce Corn Chilled Fruit Cup</p>	<p>PUSH HASHANAH</p> <p>NO SCHOOL</p>	<p>Assorted Pizza Tasty Tossed Salad Chilled Fruit Cup</p>
13	14	15	16	17
<p>Chicken Patty On a Bun Tater Tots Chilled Fruit Cup</p>	<p>Top your own Burger on a Bun Steamed Vegetables Chilled Fruit Cup</p>	<p>French Toast sticks with Sausage 100% Fruit Juice Chilled Fruit Cup</p>	<p>Hot Dog on a Bun Curly fries Chilled Fruit Cup</p>	<p>Mozzarella Stix With Marinara Dipping Sauce Veggie Strips Chilled Fruit Cup</p>
20	21	22	23	24
<p>Crispy Chicken Nuggets Oven Fries Dinner Roll Chilled Fruit Cup</p>	<p>Papa John's Pizza Tasty Tossed Salad Chilled Fruit Cup</p>	<p>Top Your Own Burger on a Roll Pasta Salad Carrot Sticks Chilled Fruit Cup</p>	<p>Nacho Tacos with Meat Shredded Cheese & Lettuce Corn Chilled Fruit Cup</p>	<p>Grilled Cheese Sandwich Carrot Sticks Chilled Fruit Cup</p>
27	28	29	30	
<p>Chicken Patty on a Bun Smile Potatoes Chilled Fruit Cup</p>	<p>Sausage Egg & Cheese Sandwich Seasoned Diced Potatoes Chilled Fruit Cup</p>	<p>Turkey Burger on a Whole wheat Roll Cheese & Pickles Pasta Salad Carrot Sticks Chilled Fruit Cup</p>	<p>BBQ Rib on a Bun Oven Fries Chilled Fruit Cup</p>	<p>Grandparents' Day</p>

AVAILABLE DAILY

COOL STATION

Deli, Tuna, Turkey Subs
Smuckers



YOGURT PLATTERS

Yogurt, String Cheese
Various Fruit, Crackers

BAGEL BAG

Bagels, Cream Cheese
String Cheese, Peanut Butter
Butter



PIZZA SERVED DAILY

Variety of Low-Fat Milk

1% Chocolate, 1% Strawberry, 1% White, and Skim

100% Juices

Apple, Grape, Orange

Seasonal Fresh Fruit

Bread Basket

Choice of one entrée – Hot or Cold
Choice of two sides – Fruit / Vegetable
Choice of Low-Fat Milk

A lunch must include a minimum of three groups.

*If less than three are selected,
you will be charged ala Carte.*

Full Lunch Price = \$2.75
Reduced Lunch Price = \$.40
Milk = \$.50

Lunches maybe Pre-paid
Menu Subject to Change